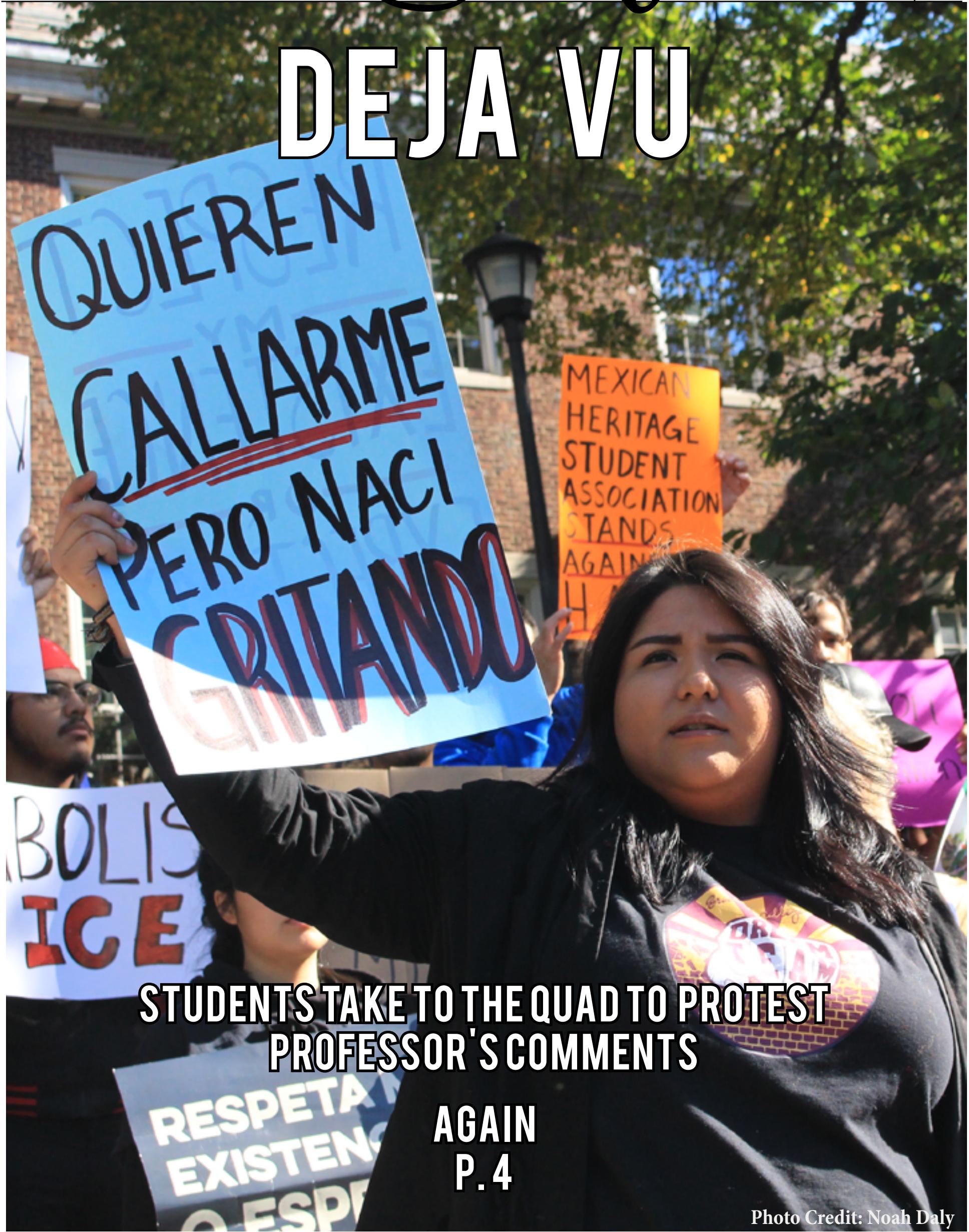


DEJA VU



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Photo Credit: Noah Daly

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The Kingsman Staff

General Inquiries
kingsmanbc@gmail.com

Editor-in-Chief
Quiara Vasquez
quiara@zoho.com

Business Manager
Rosy Alvarez
rosybethalvarez@gmail.com

Layout Editor
Samantha Castro
castro.samantha.98@gmail.com

Managing Digital Editor
Allison Rapp
rappal17@student.ktufsd.org

Managing News Editor
Ryan Schwach
rschwach11@gmail.com

Sports Editor
Jasmine Peralta
jasmine.peralta@hotmail.com

Staff Writers
Noah Daly
Thuya Kyaw

Faculty Advisor
Ronald Howell

Club Hours
Mondays & Tuesdays
10AM - 4PM
@ Roosevelt Room 118

Got a photo? Wanna give us a shout-out? Tag us on Twitter @TheKingsmanBC

The Brooklyn College KINGSMAN

CORRECTION

In our Oct. 14 issue, a caption for the article “For National Coming Out Day, LGBTQ Community Shares Their Stories” incorrectly identifies the two people in a photograph as Miggy Castellano and Professor Paisley Currah. The photograph is actually of Miggy Castellano and Professor Matthew Burgess. The Kingsman apologizes for the error.

NOTICE: Brooklyn College Athletes Wanted!

Interested in becoming a Bulldog? Tryouts are being held for the women's softball, swimming and diving team. There will also be tryouts held for the men's tennis and swimming and diving team. Both men and women are also being scouted for the [co-ed] cheerleading team. If you have any questions or concerns, contact Alex Lang, alang@brooklyn.cuny.edu.



Talk to us!

Are you a CUNY student or faculty member with something to say? The Kingsman's Opinions section is accepting submissions. Send your op-ed to

kingsmanbc@gmail.com before 11:59 PM Saturday.

(The Kingsman only publishes articles written by Brooklyn College students and faculty, related to goings-on at Brooklyn College or CUNY. We reserve the right to reject submissions which are off-topic, obscene, or excessively wordy.)

NYC Food Bank Seeking Volunteers

By Allison Rapp
Managing Digital Editor

The holiday season is rapidly approaching. Presents will be exchanged, and feasts will be had, but for many New Yorkers, this can be one of the hardest times of the year.

As of August 2018, there were over 62,000 homeless people living on the streets of New York City, all struggling to pull together a decent meal. One out of every five New Yorkers relies on a soup kitchen or other food pantry service. A large portion of these people, over 22,000, includes children. One out of every four children in NYC is at risk of experiencing hunger, while one out of every five senior citizens require help from a charity service in order to provide for themselves. These are some of the highest numbers New York City has reached since the Great Depression in the 1930's. Many of these individuals are living with mental health problems and other medical



Sydney, an NYC resident, at a food bank fundraising event she organized. / Food Bank NYC

issues.

That's why the Food Bank for NYC is currently seeking volunteers and donations to help combat this issue. There are multiple ways to get involved. A monetary donation of 50 dollars

is enough to buy 250 meals, but donations of smaller amounts are still greatly appreciated. You can also create a fundraising event with a web page, to encourage your friends and family to join in on the effort. Of course,

there is still the traditional route: food items can be donated at designated drop off sites.

More information can be found at www.foodbanknyc.org.

Kosher Cafe Shut Down By Rats

Hey - who let the meat touch the dairy?



Illustration by Quiara Vasquez

Since Oct. 10, a closure notice has been posted at the Kosher Cafe in Boylan Hall.

Last seen at the cafe were two signs from the Department of Health, one stating that the cafe is closed, and the other stating, "Kosher Cafe will be open soon under new management."

WBCR News reported that the closure of the cafe was due to evidence of a rat infestation. The cafe staff failed to properly close the cafe prior to their holiday break. According to Brooklyn College campus director for food service, James Gallopini, when the inspector came, there wasn't much the staff could have done to clean it up.

As a result, Brooklyn College has cut ties with its kosher food provider, Kosher Haven, and is looking for a new provider.

However, it is not the end of kosher options. A selection of kosher food is still available in a fridge within the main food court. Another option for students is the cafeteria in the basement of the Tanger Hillel between Campus Road and Hillel Place.

Hispanic Students Gather Together, Protest Comp Sci Prof's Blog Post



Protesters from YPA and various Hispanic identity groups called for an investigation into Professor Parikh's conduct, as well as funding for the PRLS department. / Noah Daly

By Ryan Schwach
Managing News Editor

For the second time this month, students have gathered at the steps of the library to protest the words of a Brooklyn College professor, this time against computer science professor Rohit Parikh, who posted comments about Latinx immigrants on his Facebook page last July.

"But are they [Hispanics] really the population which America needs for the rest of this century when more and more education is required?" wrote Parikh in his post, in which some believe that the views expressed threaten Latinx and undocumented students. The post was brought to the attention of the Brooklyn College chapter of Young Progressives of America, who organized the recent protest against Professor Mitchell Langbert after he posted on his blog condoning sexual assault, and a rally was planned for Tuesday at 1 p.m.

The rally was organized with cooperation from several of the Hispanic organizations on campus, such as the Brooklyn College Dream Team, as well as students from the Puerto Rican and Latino Studies Department, a major talking point of the rally.

"We are here standing united in condemning the hateful and racist comments," said YPA co-founder Carlos Calzadilla, who kicked off the rally.

The protesters came prepared

with a list of demands for Brooklyn College and President Michelle Anderson, which included calling for the condemning of the comments from Anderson, mandatory racial sensitivity training for all staff, an investigation into Parikh, and most notably, increased funding for the Puerto Rican and Latino Studies program here at Brooklyn College, which the protesters argue is severely underfunded, and part of a larger systemic issue on campus.

"To see how completely underfunded my department is is disappointing as well as a saddening," said Maya Garcia, a PRLS major.

The rally continued with chants in both Spanish and English, as members from the various associations took turns condemning Parikh and calling for

increased resources and support of undocumented students.

Noticeably not in attendance was President Anderson herself, a fact the protesters seemed keen on changing when they marched through the doors of Boylan Hall and upstairs to President Anderson's office. A few moments later, Anderson came out and addressed the crowd, condemning much of the professor's comments.

"They are welcomed here. Whether they are documented or not, they are welcomed here at Brooklyn College" Anderson said, continuing to say she appreciates the demands that were made of her, and that she would like to continue the dialogue.

"Preferably not in the middle of the hallway," she added.

Professor Parikh has been less

vocal than Mitchell Langbert in defense of his words, but he did respond to e-mails from reporters. The 81-year old professor argued that much of his comments were cherry-picked, and other statements such as "Hispanics are good people, gentle and nice and not at all criminal" were ignored. He made the point that his words were less racially based, and more law based, and that he apologizes for his comments.

"I do understand that feelings were hurt for which I am sorry," Parikh told The Kingsman via e-mail. "I also realize that there are going to have to be compromises made on all sides so that we can put this issue of immigration both legal and otherwise to rest."



Protesters stormed Boylan Hall to get President Anderson's attention. / Ryan Schwach

REVIEW: "The Wolves" Blows Down the House



"The Wolves" / Brooklyn College Theater

By Quiara Vasquez
Editor-in-Chief

If Brooklyn College's MFA Playwriting program has any claim at all to seriously changing the face of Western theatre, you can't do much better than "The Wolves." In the two years since its world premiere, it's become one of the most produced stage plays in the country, netting playwright Sarah DeLappe a Pulitzer nomination at the tender age of 27 (and making me feel inadequate by comparison).

DeLappe's opus makes a homecoming to Roosevelt Hall this season in a visceral production directed by Jolie Tong, and I can't imagine a more perfect place to stage it. "The Wolves" is already an intimate, powerful play. Add a fierce cast which brings their A-game and put them all together in a tiny,

intimate theater, and you get a thrilling, intense production.

The "Wolves" of the title are the teenage athletes on a girls' soccer team, chatting amongst themselves as they warm up for a game. The characters are all nameless, referred to only by the numbers on their jerseys, but they're all recognizable archetypes of teenage girlhood. There's the team captain #25 (Naomi Ricketts), an ersatz authority figure who has even less say in what's going on than the hungover schlub of a coach she's supposed to rep for. There's the real head of the team, the cruel and talented "popular girl" #7 (Tess Stofko), dutifully flanked by her subordinate #14 (Monica Mendez). And then there's the new kid, #46 (Sivan Gordon-Buxbaum), homeschooled and hopelessly out of step with the rest of the team.

And I mean "out of step" quite literally, because the most remarkable thing about "The Wolves" is its choreography. In every scene, the Wolves squash and stretch and gyrate. DeLappe's dialogue plays second fiddle to the actors' body language. At times this production feels more like ballet than a stage play, where the motions of the performers say more than dialogue ever could. This is perhaps most obvious with the standout performance, the goalie played by Vanessa Chia Chung. She's silent for most of the play, but her precise posture and laser eyes tell us plenty about her personality. We see her absorb every quip and comment as she runs laps. Her grapevine is a goosestep. It's an exacting, highly physical performance.

But everything about this play is physical. The wooden floors of 307 Roosevelt Extension

buckle under the weight of the girls' paces. At key moments, it felt like the ground beneath me was going to give way, unable to withstand the sheer force of these young women united in purpose. It probably won't come as a surprise to anyone here that the cast of "The Wolves" were key players in the recent Langbert protests on campus - that same energy is on display in miniature in 307 RE.

It's that energy which makes "The Wolves" so powerful in this moment. This isn't a polemic. DeLappe doesn't swipe at the POTUS. No one mentions the F-word. (By the F-word, of course, I mean "feminism" - the girls say "f-k" plenty.) But that rage and anguish from women pushed to the breaking point which fuels so much of modern politics is present here as well. Awooooooo.

OP-ED: Autism Reconceptualized

The following article is unedited and only represents the opinions of the individual author.



Image Credit: The Blue Diamond Gallery

By Boris Kelman
Opinions Contributor

1-People with "autism", possess high levels of, interleukin-6.
2-People with "autism", possess TNF in their cerebrospinal fluid.
3-The immune system is implicated in "autism",
4-Interleukin-6 and TNF are released after high levels of emotional stress have occurred, including experiencing anger, fear, anxiety (or panic), and depression.
This is where it gets good...
5-Anger is associated with high levels of IL-6, TNF, and an affected immune system, and many brain regions implicated in "autism".
6-Fear is associated with high levels of IL-6, TNF, and an affected immune system, and many brain regions implicated in "autism".
7-Anxiety is associated with high level of IL-6, TNF, and an affected immune system, and many brain regions implicated in "autism".
8- Depression is associated with high levels of IL-6, TNF, and an affected immune system, and many brain regions implicated in "autism".

9- Vasopressin is implicated with "autism", and is also connected to fear and anxiety.
10- Elevated cortisol is implicated in people with "autism" - cortisol exists as a response to emotional stress

11-PDE4B proteins - their altered expression is implicated in autism. High amounts of it are found in the cerebellum of people with autism. The cerebellum is implicated as a region affected by "autism". New research has shown that a single exposure to acute stress affected information processing in the cerebellum -- the area of the brain responsible for motor control and movement

coordination and also involved in learning and memory formation. These kids do not have brain issues, they have been experiencing anxiety their whole lives, and it is my opinion that the behaviors observed in them that are misunderstood, can easily be attributed to anxiety and fear.
12* (end of article) - Certain parts of the brain that are implicated in "autism", are connected to anxiety.
13 - Electrolyte imbalance is associated with "autism". A deficiency in potassium, magnesium, calcium, sodium, and phosphate, is found in people with anxiety.
14 - Mitochondrial dysfunction is implicated in "autism". Psychological stress is implicated in mitochondrial dysfunction. Psychological stress has emotional byproducts, which can be called emotomal stress.
15- Emotional stress has been found to create changes in the brain.

Conclusion

"Autism" is not a brain-based disorder... it is a very misunderstood state of hyper-emotional being. By hyper-emotional, I mean, they are in a state where they are without end - constantly - processing anger, fear, anxiety, and I might even say... panic. But because they are so strong, having worked with these feelings their whole life... it's just difficult to recognize.

Anyway. Please read on...

This conclusion is my hypothesis. The above propositions will be supported with evidence that can easily be found on Google. I highly suggest every interested person do the research yourself. It is very easy to do, and with #12, above, I will provide an example at the end of the paper.

As a matter of fact, in my haste to get this information out to the public, I highly recommend that

people do their own research. My job, as far as I'm concerned is finished. I came up with the idea, and have supplied people with enough material to do their own research and come up with the same conclusion I did. Without any interest to display arrogance, I have to say the following: Nobody on the planet understands autism in this way. It's as if the conclusion is there for everyone to see, but nobody is making it. And I'm not here to put the blame on anyone, but it is the conditioning that has not allowed people to miss the obvious connection that autism is based on emotions. If you think it's their brain, the behavior of people with "autism", will be attributed to their brain. If you see it as emotional, then you will understand their behavior as emotional. A shift in the lens of perception and analysis, is all that is needed to understand a thing properly. Although, I am not 100% certain, because the quasi-philosopher in me, must doubt everything... I have supplied enough evidence to at the very least, make people think of autism on emotional terms. I hope this new perspective, on "autism" inspires you to share this information with other people - parents of people with "autism", and those with "autism" itself. I hope this new lens leads research into a new direction and fills holes in reasoning associated with the "disease". I hope this new angle of analysis, leads to a consensus amongst its readers, and eventually, to the liberation of many people.

And I didn't address everything that I could have (I am an exhausted, single, 30 year old male, still living at home, still trying to finish his bachelors, working full-time [with autistic kids - it's how the idea came to me], attending courses at night

5AM - 12AM days), but I believe I addressed enough, to make people think and do some work for themselves.

For example, I urge people to research the areas of the brain implicated with autism, and then researching emotions like anger, anxiety, depression, even panic, and making the connection, that those same parts of the brain that are said to be affected by autism, are also affected by these emotions. (not all together - one part of the brain might be anger, the other fear, another anxiety) If anyone has any questions, specifically regarding the social behavior of people with "autism", I will be more than happy to attempt to answer them, but you can do so yourself. Think of one time you were afraid, anxious, angry, or felt panic. How did you interact with your social world? Now think about a person who has been feeling this since birth, perhaps sooner... and then answer the question yourself. I hope I opened your eyes. Thank you for reading.

My e-mail is borisikelman@yahoo.com
I am on facebook.

#12

A part of the brain linked to autism is the insula.

Do the following google search: insula anxiety

You will find articles which link anxiety to the insula

Search on google: insula autism

A number of articles will come up, showing that those with "autism" have this part of the brain affected. That this part of the brain is affected by the emotion, and that people with "autism", are filled with anxiety to the point that it has remodeled their brain... is the conclusion I hope everyone makes.

OP-ED: Bang Bang: The School Shooting Generation

The following article is unedited and only represents the opinions of the individual author.



After the Parkland shooting, many have called for a ban on assault rifles such as the AK-47 (pictured above). / WikiCommons

By Kelly Bannon
Opinions Contributor

The clock hums its click with each passing moment. The silence of the crowded class was distractingly tiresome as I, finished with my assignment early, awaited the teacher's next instruction. I sat slouched in my seat with my arms folded across my oversized sweater, trying to keep my eyes open from the unbearable warmth the room gave off. Rubbing the grogginess from my pupils I took another glance at the illuminated board: Describe a time in your life where you acted against your own best interest. I was annoyed about how broad the statement was, who cared to think about things so meaningless to the definition of existence. That's a philosophy class for you isn't it?

BANG.

A pulsating pound of thunder came screaming from down the hall. Everyone in the class couldn't help but turn towards the source, looking out the door for any sign of where the unparalleled sound escaped from. A few kids turned to face one another, as another slam came pounding its way back at us.

BANG.

I, usually being the most skeptical of these types of situations, couldn't help but begin to question my surroundings, my safety, and my life. I swore I had heard muffled screams, or was I being paranoid? Were they coming from the event in the courtyard I passed earlier,

but I thought they had already wrapped up? I too began to look around until I caught the glance of a fellow classmate's face that closely mirrored mine. Her brow was scrunched into a confused knit; it was asking me the same question I was thinking. Are we overreacting, or are we in danger?

I wish I could say that had been the only time I had bared witness to something as minor as a slamming door had set off a room of students into an overzealous panic. But I grew up in the era of mass shootings; the age of lockdown drills, where the teacher would shove every kid in her class into a stuffy corner and sit there in the dark as one kid started to blow his nose onto another kid's shoulder, another kid whose immaturity overtook the seriousness of a potential threat and started to concoct noises for the fun of it, and of course the kid stuffed in the very edge of the room, rocking back in forth, trying to calm his bladder just waiting for the time until he can finally get up and relieve himself. As a kid, sitting there with my peers, clearly unequipped to defend ourselves against any gunman, I couldn't help but question: Is this plan really worth it? Would piling the heard into the corner of the class room bring any form of saving, or would it perhaps just be like shooting fish in a barrel. Whose job was it to come up with the plan? And if there was the perfect ideal safety plan of prevention, what was it?

The early age of mass terrorism

started with humble beginnings, in the town of Littleton, Colorado. Two students, Eric Harris and Dylan Klebold, walked into Columbine High School, dressed in black trench coats and wielding shotguns, killing twelve students and one teacher before eventually killing themselves. That date, April 20th, 1999, marked what was known to some as "Generation Columbine," a whole new generation of school goers who hadn't known what it was like to go to class and not have to worry about a potential threat on their lives.

Although the bar has been undeniably raised within the past twenty years in terms of setting, weaponry, and kills; the bar has been set to an undeniable low as far as the general public's attention span as to how these events could be prevented. Some would have thought Columbine to be the last straw, a sort of, "it happened one too many times," mindset; some would have thought after the job would be done almost a decade later, when elementary school children at Sandy Hook Elementary felt the repercussions of America's unprepared defense system. Some would think after countless movie theaters, places of worship, office buildings, and countless other main targets being attacked, America would have a much smarter plan to counter these attacks better than we did in 1999. The unfortunate truth of the matter is, we don't. Still after all of this time we have politicians arguing about whether or not its gun control, mental illness, the

media, or lack of armed adults on campuses, that is the culprit to this ongoing problem. Some have even suggested the idea of school teachers being trained to conceal weapons in case of an emergency, almost entirely forgetting that home-grown terrorism isn't just an issue in the school systems. If the politicians can't be of assistance, and the schools can't think of anything better than to shove kids into corners of classrooms and wish them silent until it's over, then what do the people in question think about safety? What do the actual students feel is the right course of action in defending themselves against these threats?

The Brooklyn College Campus and Community Safety Services website states that Brooklyn College's plan of defense lies with the golden rule; Run. Hide. Fight. If ever confronted with an active shooter situation, your first plan of defense is to get out and evacuate as quickly as possible, and it's specific to state that you cannot let other people slow you down in the meantime. If getting out of the situation is not an option, your next plan is to hide and silence your phone, or if there is nowhere directly to hide, then to conceal yourself behind a large object to protect yourself from potential gunfire. The final plan, when all else fails, is to act with aggression and fight your way to survival.

BROOKLYN COLLEGE SPORTS

THE VOICE OF BROOKLYN COLLEGE SINCE 1950 - KINGSMANBC.COM - WEDNESDAY, OCTOBER 24, 2018

Women's Soccer Suffers Another Heavy Defeat At Home



Senior forward, Keri Kenna, giving her all. / Damion Reid / Brooklyn College Athletics

By Thuya Kyaw
Staff Writer

Brooklyn College's women soccer team suffered a humiliating 9-1 defeat to Sarah Lawrence College on Monday night, which tied the mark for the worst home defeat of the season along with the loss against Wesley College last month.

With the game being the last home game of the season for the Bulldogs,

senior players such as Keri Kenna and Jennifer Chino were honored during pregame as part of Senior Night.

Kenna, the leading goalscorer of the team with 12 goals in 12 games, opened up the scoring for the Bulldogs in the ninth minute thanks to a perfect cross from freshman midfielder Farangiz Tohirova — giving home fans a glimmer of hope that they could actually go on to

upset the visitors. However, celebrations inside the BC Field lasted just four minutes as Sarah Lawrence found an equalizer through Sophia Spralja, who headed the ball perfectly past goalkeeper Ketty Pena from a corner kick.

With the momentum of the game now shifted toward the visitors, Gaia Dennison scored in the 18th minute to put Sarah Lawrence ahead.

The Bulldogs still managed to keep

the game competitive and were trailing by just a goal at the end of first half. However, the second half would be an entirely different story. Kiley Ritter made the game 3-1 just three minutes after the restart, which ended the home team's hopes of making a comeback.

From then on, the Bulldogs simply collapsed and had no answers for Sarah Lawrence's sizzling attack. Ritter managed to get another goal for herself while Spralja earned a hat-trick and additional goals for the visitors came from Jordynn Figueroa, Tiffany McBrayer, and River Pasquale.

The mismatch could be seen not only from the scoreline, but from the statistics as well as Sarah Lawrence finished the match outshooting the Bulldogs 27 to 10.

The home team will be thanking their keeper, Pena, for not conceding more as the junior made an outstanding 11 saves throughout the match.

With the loss, they now have the record of 3-11 and will play the last game of the season tomorrow night at 7pm away to Manhattanville College.

NBA Calls For Multiple Suspensions After Saturday Night Fight

By Jasmine Peralta
Sports Editor

The NBA suspends Los Angeles Lakers, Brandon Ingram, Rajon Rondo, and Houston Rockets Chris Paul without pay after their involvement in a fight during Saturday night's game in Los Angeles.

The brawl broke out with only four minutes left in the fourth quarter. With the Rockets ahead 109-108, Houston shooting guard James Harden's shot was not accounted for because of a technical foul by Ingram. The Rockets began to argue that the technical foul occurred prior the fight.

The exchange of words then escalated when Ingram pushed Harden into Rondo.

Harden, who was upset about the call, stood behind referee Jason Phillips when Ingram charged at him and began to throw his hand in Harden's face. Ingram's teammate,

Lance Stephenson then holds Ingram back.

While Paul and Rondo were arguing on the other side of the court, Rondo spits in Paul's face. Paul then shoves his finger in Rondo's eye and throws the first punch. Ingram then runs back into the crowd and begins to throw punches as well. Security, and some of the teammates speed to the middle of the crowd to break up the fight. The exchange quickly accelerated.

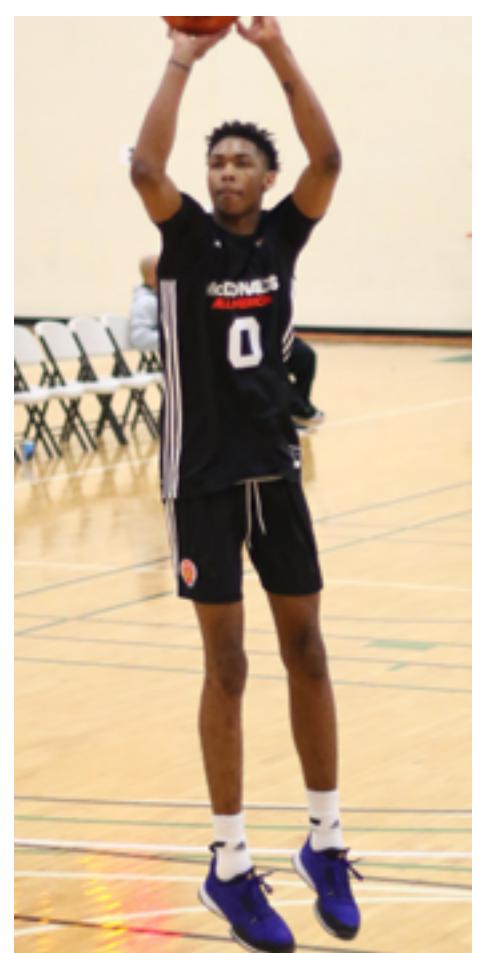
In an official statement released by the NBA, "Ingram has been suspended for aggressively returning to and escalating the altercation and throwing a punch in the direction of Paul, confronting a game official in a hostile manner, and instigating the overall incident by shoving Rockets guard James Harden. Rondo has been suspended for instigating a physical altercation with, and spitting and throwing multiple punches at, Paul. Paul has been suspended for poking at

and making contact with the face of Rondo, and throwing multiple punches at him."

The suspension was to be enforced immediately. Ingram will be suspended for four games, Rondo three games, and Paul two. Rockets coach, Mike D'Antoni did not agree with the severity of Paul's suspension. "It's just not equitable," he said.

When Lakers coach Luke Walton was asked on Sunday if Rondo spit on Paul he responded, "No." Although various close-up videos show otherwise.

Eric Gordon started in place of Paul during Sunday night's game. Lonzo Ball, who started at point guard for the Lakers last season, will be put in the starting lineup for Monday night's game in replacement of Rondo. Power forward Kyle Kuzma is expected to replace Ingram during his suspension.



Brandon Ingram / WikiCommons